

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY	ADULT ONLY SWIMMING			AQUA 11:30 12:15		ADULT ONLY SWIMMING			CHILD SWIM TIMES & SWIMMING LESSONS 14:00 - 19:00				ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING					ADULT ONLY SWIMMING			CHILD SWIM TIMES & SWIMMING LESSONS 14:00 - 19:00				ADULT ONLY SWIMMING			
WEDNESDAY	ADULT ONLY SWIMMING			AQUA 11:00 11:45		ADULT ONLY SWIMMING			CHILD SWIM TIMES & SWIMMING LESSONS 14:00 - 19:00				ADULT ONLY SWIMMING			
THURSDAY	ADULT ONLY SWIMMING			AQUA 10:15 11:00		ADULT ONLY SWIMMING			CHILD SWIM TIMES & SWIMMING LESSONS 14:00 - 19:00				ADULT ONLY SWIMMING			
FRIDAY	ADULT ONLY SWIMMING			AQUA 10:15 11:00		ADULT ONLY SWIMMING			CHILD SWIM TIMES & SWIMMING LESSONS 14:00 - 19:00				ADULT ONLY SWIMMING			
SATURDAY				ADULT ONLY SWIMMING			CHILD SWIM TIMES 13:00 - 18:00				ADULT ONLY SWIM					
SUNDAY				ADULT ONLY SWIMMING			CHILD SWIM TIMES 13:00 - 18:00				ADULT ONLY SWIM					

- Poolside facilities close 30 minutes prior to close closure every day
- AQUA: The swimming pool will be closed for aqua at this time, the sauna, steam and spa pools will remain open for our members and guests
- Swimming lessons will be conducted in our leisure lane.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.