

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00		
MONDAY				AQUA		AQUA	ADULT ONLY SWIMMING										AQUA	
TUESDAY	ADULT ONLY SWIMMING					AQUA		AQUA		CHILD SWIM TIMES				AQUA				
WEDNESDAY	ADULT ONLY SWIMMING					AQUA		AQUA		ADULT ONLY SWIMMING								
THURSDAY						AQUA	ADULT ONLY SWIMMING				CHILD SWIM TIMES				AQUA			
FRIDAY						AQUA	ADULT ONLY SWIMMING				AQUA			AQUA				
SATURDAY			ADULT ONLY SWIMMING			CHILD SWIM TIMES				ADULT ONLY SWIMMING								
SUNDAY			ADULT ONLY SWIMMING			CHILD SWIM TIMES				ADULT ONLY SWIMMING								

- AQUA: The far area lane will be in operation for adult swimming during scheduled AQUA classes.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.
- Child Swimming Lessons take place during child swim times only. Adult swim lessons take place at any time. Swimming lessons are on a 1-2-1 basis only.