

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00		
MONDAY				AQUA		AQUA	ADULT ONLY SWIMMING									AQUA		
TUESDAY	ADULT ONLY SWIMMING					AQUA		AQUA		CHILD SWIM TIMES				AQUA				
WEDNESDAY	ADULT ONLY SWIMMING					AQUA		AQUA	ADULT ONLY SWIMMING									
THURSDAY					AQUA	ADULT ONLY SWIMMING				CHILD SWIM TIMES				AQUA				
FRIDAY						AQUA	ADULT ONLY SWIMMING						AQUA					
SATURDAY			ADULT ONLY SWIMMING			CHILD SWIM TIMES				ADULT ONLY SWIMMING								
SUNDAY			ADULT ONLY SWIMMING			CHILD SWIM TIMES				ADULT ONLY SWIMMING								

- AQUA: The far area lane will be in operation for adult swimming during scheduled AQUA classes.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.
- Child Swimming Lessons take place during child swim times only. Adult swim lessons take place at any time. Swimming lessons are on a 1-2-1 basis only.