

# Member Swimming

|           | 06:00 - 07:00       | 07:00 - 08:00 | 08:00 - 09:00          | 09:00 - 10:00          | 10:00 - 11:00          | 11:00 - 12:00          | 12:00 - 13:00                              | 13:00 - 14:00                     | 14:00 - 15:00                              | 15:00 - 16:00 | 16:00 - 17:00       | 17:00 - 18:00                              | 18:00 - 19:00                     | 19:00 - 20:00       | 20:00 - 21:00       | 21:00 - 22:00 |  |  |
|-----------|---------------------|---------------|------------------------|------------------------|------------------------|------------------------|--|-----------------------------------|--|---------------|---------------------|--|-----------------------------------|---------------------|---------------------|---------------|--|--|
| MONDAY    | ADULT ONLY SWIMMING |               |                        |                        |                        |                        |  |                                   | CHILD SWIM TIMES<br>14:00 - 19:00          |               |                     |  | AQUA<br>19:15<br>20:00            | ADULT ONLY SWIMMING |                     |               |  |  |
| TUESDAY   | ADULT ONLY SWIMMING |               |                        |                        |                        |                        |  |                                   | SWIMMING LESSONS<br>ADDED LANE 16:30-19:30 |               |                     |  | ADULT ONLY SWIMMING               |                     |                     |               |  |  |
| WEDNESDAY | ADULT ONLY SWIMMING |               |                        | AQUA<br>10:30<br>11:15 | AQUA<br>11:25<br>12:10 | ADULT ONLY SWIMMING    |  | CHILD SWIM TIMES<br>14:00 - 19:00 |  |               |                     | ADULT ONLY SWIMMING                        |                                   |                     |                     |               |  |  |
| THURSDAY  | ADULT ONLY SWIMMING |               |                        |                        |                        |                        |  |                                   | SWIMMING LESSONS<br>ADDED LANE 16:30-19:30 |               |                     |  | ADULT ONLY SWIMMING               |                     |                     |               |  |  |
| FRIDAY    | ADULT ONLY SWIMMING |               |                        |                        |                        | AQUA<br>12:05<br>12:50 | ADULT ONLY SWIMMING                        | CHILD SWIM TIMES<br>14:00 - 19:00 |  |               |                     | SWIMMING LESSONS<br>ADDED LANE 16:00-18:45 | AQUA<br>19:00<br>19:45            | ADULT ONLY SWIMMING |                     |               |  |  |
| SATURDAY  | ADULT ONLY SWIMMING |               | AQUA<br>09:15<br>10:00 | ADULT ONLY SWIM        |                        |                        | SWIMMING LESSONS<br>ADDED LANE 13:30-19:30 |                                   |  |               | ADULT ONLY SWIMMING |  |                                   |                     | ADULT ONLY SWIMMING |               |  |  |
| SUNDAY    | ADULT ONLY SWIMMING |               |                        |                        |                        |                        |  |                                   | CHILD SWIM TIMES<br>14:00 - 19:00          |               |                     |  | CHILD SWIM TIMES<br>14:00 - 19:00 | ADULT ONLY SWIMMING | ADULT ONLY SWIMMING |               |  |  |

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will have an extra lane added during this time, reducing the larger free area for members.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.