Member Swimming

				100			M. I				10						
	06:00 - 07:00 07:00 - 08:00 08:00	- 09:00 09:00 - 10	0:00 10	:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:0	0 18:00 -	- 19:00 1	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
MONDAY	ADULT ONLY SWIMMING U A			A Q ADULT ONLY SWIMMING A						A Q U A				ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING			A Q U A	Q ADULT ONLY SWIMMING					CHILD SWIM TIMES 15:00 - 18:00				ADULT ONLY SWIMMING			
WEDNESDAY	ADULT ONLY SWIMMING		A Q U A	ADULT ONLY SWIMMING					CHILD SWIM TIMES 16:00 - 18:00				ADULT ONLY SWIMMING				
THURSDAY	ADULT ONLY SWIMMING	A Q U A		ADULT ONLY SWIMMING					CHILD SWIM TIMES 15:00 - 18:00			A Q ADULT ONLY SWIMMING A					
FRIDAY	ADULT ONLY SWIMMING	A Q Q U U A A								ADULT ONLY SWIMMING							
SATURDAY	ADULT ONLY SWIMMING			A A A A A A A A A A A A A A A A A A A							CHILD SWIM TIMES 16:00 - 18:00 ADULT ONLY SWIMMING			LY			
SUNDAY			ADULT ONLY SWIMMING								/IM TIMES - 18:00		ADULT ONLY SWIMMING				

- During AQUA class: Swimming lane and all other poolside facilities remain open
- Pool area closes 30 minutes before the building
- Terms and conditions. The timetable is subject change and is based on Instructor availability

Bannatyne