

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
MONDAY	ADULT ONLY SWIMMING				AQUA 10:25 11:10	AQUA 11:15 12:00	ADULT ONLY SWIMMING		121 SWIMMING LESSONS LANE ONE 14:00 - 19:00 & 19:45 - 20:30						ADULT ONLY SWIMMING		
TUESDAY	ADULT ONLY SWIMMING								121 SWIMMING LESSONS LANE ONE 14:00 - 20:30						ADULT ONLY SWIMMING		
WEDNESDAY	ADULT ONLY SWIMMING					AQUA 11:15 12:00	ADULT ONLY SWIMMING		121 SWIMMING LESSONS LANE ONE 14:00 - 19:00 & 19:45 - 21:00						ADULT ONLY SWIMMING		
THURSDAY	ADULT ONLY SWIMMING								121 SWIMMING LESSONS LANE ONE 14:00 - 19:00 & 19:45 - 21:00						ADULT ONLY SWIMMING		
FRIDAY	ADULT ONLY SWIMMING				AQUA 09:30 - 10:15	AQUA 10:20 11:15	ADULT ONLY SWIMMING		121 SWIMMING LESSONS LANE ONE 14:00 - 20:30						ADULT ONLY SWIMMING		
SATURDAY				ADULT ONLY SWIMMING	AQUA 10:15 - 11:00	121 SWIMMING LESSONS LANE ONE 11:00-18:00											
SUNDAY				ADULT ONLY SWIMMING					CHILD SWIM TIMES 14:00 - 19:00								

- AQUA: Two swimming lanes will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in lane one only and will be unavailable for member use during scheduled lessons.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.